

BEACON COACHING, LLC



A coaching relationship can be a powerful experience, involving the development of new possibilities, new levels of achievement and personal growth. The coaching relationship is founded upon mutual trust and respect.

Fundamental to a successful coaching experience is learning. A coaching client is already successful, accomplished and healthy. The coach supports the client in reaching goals as determined by the client. The coach supports the client in exploring new ways to view situations, individuals, possibilities, and in developing new approaches, plans, strategies and actions. This innovation involves learning. At times, the learning may be challenging. There may be times when the learning involves new discoveries about the way an individual's own actions play a part in situations the individual wishes to change. This type of self-discovery can at times be uncomfortable.

To support the development of a successful coaching relationship, I agree to the following:

- I realize that I am completely responsible for my own growth and learning.
- I realize that there may be times in the coaching process where I may confront realizations that may be uncomfortable.
- I realize I need not discuss anything I am not comfortable discussing.
- I realize that I am responsible for my own actions and inactions.
- I realize that my coaching relationship is a resource, and that it is up to me to fully utilize this resource.
- I agree to communicate any concerns I have about the nature of my coaching relationship, or my experience of the coaching relationships or any particular interactions with the coach.

CLIENT NAME: _____

FEE PLAN: \$1000 for eight biweekly in-person sessions (60 to 90 minutes).
Telephone discussion is possible in between if desired.

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PAYMENT PROCEDURE: The Coach is paid at the beginning of coaching. The coaching month begins XXXXXXXXXX and ends XXXXXXXXXX. Payment may be made by check or cash.

NATURE OF RELATIONSHIP: The Client has been made aware that the coaching relationship is in no way to be construed as psychotherapy. In the event the Client feels the need for professional counseling or therapy, it is the responsibility of the Client to seek a licensed professional. The Client understands the need to tape record sessions while Coach is in the certification process.

CALL PROCEDURE: The Client will call the Coach at the pre-arranged time and telephone number as scheduled. **Please remember, cancellations must be made 24 hours in advance.** There will be no refund or credit for cancellations made less than 24 hours prior to scheduled session.

TERMINATION: The client or coach may cancel anytime. Cancellations must be in writing, by fax or E-mail.

CONFIDENTIALITY: The Coach recognizes that the client may have future plans, business affairs, customer lists, financial information, job information, goals, personal information, and other private information. The Coach will not at anytime, either directly or indirectly, voluntarily use any information for the Coach's own benefit, or disclose or communicate this information to a third party. The Coach will not voluntarily divulge that the Coach and the Client are in a coaching relationship without the expressed written permission of the Client.

_____ **Date:** _____

_____ **Date:** _____